

Memory Cafe

For Carers and Loved ones Living with Dementia

Come together, connect and feel supported

Living with dementia can bring challenges, but you don't have to navigate the journey alone.

Join us in a relaxed and friendly space where you can connect with others, share experiences, build friendships and spend meaningful time together as part of a supportive community.

What you can enjoy

- Fun activities like art, gardening and bingo
- Make new friends and connect with others
- Share experiences and support one another
- Access helpful information and resources
- Enjoy a cuppa and a friendly chat

Dates:

Monday, 9th November 2026
Monday, 14th December 2026
Time: 10:00 am - 12:00 pm.

Location:

Kensington Neighbourhood Centre.
18 Anthony St,
Kensington VIC 3031

Australian Multicultural Community Services

CITY OF MELBOURNE

Call 0432 099 850 or
sah@amcservices.org.au
www.amcservices.org.au