

Navigator Café



A local social group for people living with dementia
and their family support person.

Navigator Café Sorrento is part of the Umbrella Dementia Cafés network.
For more information, please visit
www.UmbrellaDementiCafes.com.au



Café Dates 2022 Every 1st & 3rd Thursday of the month TIME: 10am – 12noon (morning tea provided) Cafés will operate during school holidays	
February	3 rd (planning café) & 17 th
March	3 rd & 17 th
April	7 th & 21 st
May	5 th & 19 th
June	2 nd & 16 th
July	7 th & 21 st
August	4 th & 18 th
September	1 st & 15 th
October	6 th & 20 th
November	3 rd & 17 th
December	1 st & 15 th (Christmas Party)

Where: Sorrento Community Centre, 860 – 868 Melbourne Road, Sorrento 3943

Who: Couples and individuals with early to mid-onset dementia (all types & ages). Carers to stay with and maintain full responsibility for the person living with dementia.

Registration: All new couples must register before attending the café.
Online: www.UmbrellaDementiaCafes.com.au
Email: enquiries@umbrelladementiacafes.com.au
Call: **0401 364 696 (Rebecca Thorburn)**
Health & care organisations invitation only please (brochures welcome)

Cost: \$20 per couple. Enquire if you can use your Home Care Package.



Umbrella Dementia Cafés Ltd is a registered Health Promotion Charity.
Po Box 1236 Blackburn North, Melbourne, Victoria 3130
Health Promotion Charity No. 65 628 935 179 (DGR endorsed)

*We exist because of the kind donations and
fundraising efforts of our local community.
Please donate today.*

